





NZJJF MASTERCLASS SEMINAR 2016

Core MMA, 79 Killarney Road, Frankton, Hamilton 3204
Saturday 16th April 2016 @ 11am.

Instructors

	Paul Reti OSA, 7th Degree	- Throw basics
	Jules Robson, 4th Degree	- Wrist Locking
	Rob Pointon, 5th Degree	- Interception
	Sten Olivecrona, 5th Degree	- Relaxed Hitting

Cost: \$50 (members) / \$60 (non-members - includes \$10 NZJJF membership).

Lunch and refreshments are provided.

to register email: registrar@nzjff.org.nz

Pay by cash on the day, cheque or bank transfer into the NZJJF account
03-0179-0280064-00 (use your name / club as an identifier).

