





# NZJJF

## NATIONAL SEMINAR

Wellington Judo & Ju Jitsu Academy, 2 Drummond Street,  
Newtown, Wellington, Saturday 4th October 2014 @ 11am.

### Instructors

	<b>Bira Da Silva Daitx, BJJ Black Belt</b>	- <b>Brazilian Jiu Jitsu fundamentals</b>
	<b>Simon Ogden, 3<sup>rd</sup> Degree</b>	- <b>Ju Jitsu throwing techniques</b>
	<b>Andrew Standish, Instructor</b>	- <b>CQB</b>
	<b>Rob Howard, 4<sup>th</sup> Degree</b>	- <b>Single stick Escrima</b>

Cost: \$50 (members) / \$60 (non-members - includes \$10 NZJJF membership).

Lunch and refreshments are provided.

To register email: [secretary@nzjff.org.nz](mailto:secretary@nzjff.org.nz)

